Mind of a Survivor
Megan Hine 2017-05-18

- Shortlisted for the Great Outdoors Book of the Year
- Surviving in the wild takes a great deal of strength. Often faced with frozen tundras, sweltering deserts, humid jungles, perilous mountains and fast-flowing rivers, Megan Hine is no stranger to perilous conditions. While leading expeditions and bushcraft survival courses and in her work on television shows such as Bear Gryll's Mission Survive and Running Wild, she has explored the contents of the globe in pursuit of adventure. Faced with the highest standards of endurance, look for food and freedom in the presence of predators, in the ultimate test of character and often the biggest challenge to reserves in the fight for survival. In Mind of a Survivor she delves into her personal experiences and the strategies and skills that have helped her develop the attitude and attributes to deliver in the most dangerous situations, and how those same attributes and skills keep those around her healthy and safe. A look into her mind as she faced some of the most dangerous situations, and how she dealt with them. In Mind of a Survivor she takes you along for a series of life-and-death adventures and shows you what happens to people when they are pushed to their limits. Inspirational rather than instructional, Megan examines the human ability and instinct for survival, showing us how others have developed the attitudes and attributes to thrive in the most dangerous situations, and how those same attitudes and attributes can be applied to more domestic everyday life - from careers to relationships, from overcoming adversity to decision making. Filled with her own experiences, Mind of a Survivor is packed full of adventure and can help people survive in any situation and cope with whatever difficulties they face.

Be Expert With Map and Compass
Bjorn Kjellstrom 2013-04-16

- Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork.

Knots Useful and Ornamental
Ron Edwards 1993

- A low priced book on knots for most situations. Illustrates a large number of knots used for decorative work on board sailing ships, as well as the more practical ones, monkey's fist, diamond knot, star knot. In addition there is a section on the common knots used on land.

Arctic Manual
Vilhjalmur Stefansson 1974

The System of Theology Contained in the Westminster Shorter Catechism
A. A. Hodge 1880-08-26